

Owen Trophy 2009 : targets - marathon		start of season	10K	base times	Marathon target			Marathon bonus target			4.95	marathon	21pt for race	Beating target	Beating Bonus target	better than last year	better than 2007/8 road ranking	total points
		minutes	seconds	5	hours	minutes	seconds	hours	minutes	seconds	actual							
Dave	Shaw	2367	39	27	11835	3	17	15	11717	3	15	17	3.12.6	21				25
Kerry	Backshell	2585	43	5	12925	3	35	25	12796	3	33	16	3.27.25	21	1	1		23
Tina	Macenhill	2835	47	15	14175	3	56	15	14033	3	53	53	3.56.32	21		1		23
Andy	Thatcher	3861	64	21	19305	5	21	45	19112	5	18	32	5.42.28	21		1		23
Ian	Yates	2406	40	6	12030	3	20	30	11910	3	18	30	3.34.30	21			1	22
Suzy	Yates	2522	42	2	12610	3	30	10	12484	3	28	4	3.30.58	21			1	22
Simon	Ambrosi	2274	37	54	11370	3	9	30	11256	3	7	36	3.43.6	21				21
Emily	Campbell	3027	50	27	15135	4	12	15	14984	4	9	44	4.32.32	21				21
Karen	Connor	3884	64	44	19420	5	23	40	19226	5	20	26	5.26.50	21				21
Andy	Elliot				0	0	0	0	0	0	0	0	4.36.22	21				21
Kim	Ford	3172	52	52	15860	4	24	20	15701	4	21	41	4.42.30	21				21
steve	Harrison	no 10K	n/a	n/a	12620	3	30	20	12494	3	28	14	4.27.3	21				21
Stuart	Hills	2808	46	48	14040	3	54	0	13900	3	51	40	4.5.22	21				21
Victoria	Legg	4138	68	58	20690	5	44	50	20483	5	41	23	6.04.8	21				21
Damian	Macenhill	2204	36	44	11020	3	3	40	10910	3	1	50	3.10.31	21				21
Steve	Massey	2320	38	40	11600	3	13	20	11484	3	11	24	3.25.21	21				21
Tara	Mayhew	no 10K	n/a	n/a	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	4.41.46	21				21
Susannah	Oliver	2999	49	59	14995	4	9	55	14845	4	7	25	4.30.4	21				21
Jo	Penny	no 10K	n/a	n/a	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	#VALUE!	4.41.46	21				21
Steve	Smith.	2563	42	43	12815	3	33	35	12687	3	31	27	3.35.33	21				21
Tom	Stevens	3165	52	45	15825	4	23	45	15667	4	21	7	4.31.1	21				21
Lee	Wadsworth				0	0	0	0	0	0	0	0	3.5.45	21				21